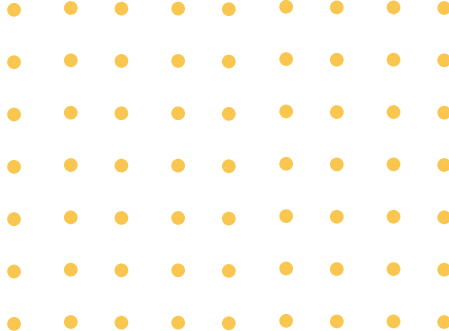
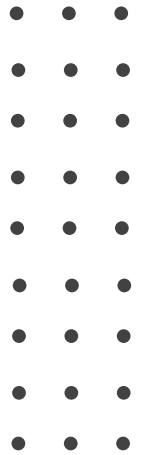




Class of 2023

Senior Guidance Lesson

Cypress Falls High School



HELLO...

MEET THE COUNSELING TEAM

7 COUNSELORS
SPLIT BY LAST NAME



Lori Battaglia
LaKeisha Frank
Shonda Taylor
Araceli Salinas
Kristi Macat
Kristi Kitterman
Kaitlyn Padgett
Nicole Rao Flores

Lead
A-Cal
Cam-Fep : : :
Fer-Herr : : :
Hers-McJ : : :
McK-Pom : : :
Pon-Sol : : :
Som-Z



COUNSELING OFFICE BASICS:

Access a wealth
of information
including
brochures/flyers

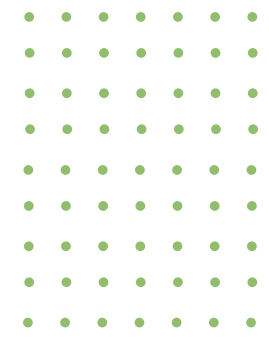
Fill out a
request to visit
with your
counselor



Request SAT/ACT Fee
Waiver,
scholarship info,
Credit by Exam Info
and more!

When to come:
During lunch or
passing periods

In case of emergencies or
immediate needs, counselors are
available to see students with a
pass



WHO TO TALK TO?

Assistant Principals
for **attendance**,
discipline, fees and
fines, graduation,
prom

Teachers for
grades &
assignments

**ALWAYS START WITH THE
TEACHER!**

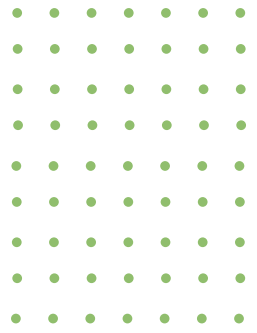
Testing
Coordinator
for EOCs

College Career
Specialist to
plan for future
*In Library

CYS Worker for
shelter, food,
clothing

Counselor for
credits,
schedules,
concerns

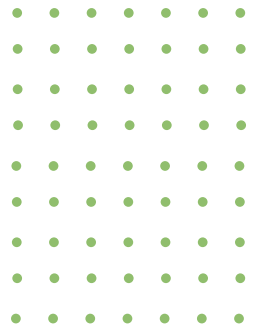
HOW TO HELP YOURSELF:



- **Contact a caring adult**
- **Develop a sense of connection in school**
- **Become involved in extracurricular activities**
- **Develop positive self-esteem and coping strategies**
- **Access resources (counselors, support groups, treatment programs)**
- ***Ask for help!***



HOW TO HELP OTHERS:



- **Be aware of signs**
- **Listen and be there for your friend
(always take it seriously)**
- **Refer the friend to the school counselor**
- **Tell an adult (Parent and counselor)**



BE INVOLVED!

When applying to college, you will need to provide a list of extracurricular activities and volunteer hours. Having a good GPA and class rank is not enough.

**Don't wait!
Start getting involved NOW!**

ON CAMPUS:

- Join clubs and organizations
- **Try to have leadership roles**

**PICK UP
A CLUB
LIST
TODAY!!**

Outside of School:

- Volunteer at a wide variety of places
- Find volunteer opportunities that connect to your interests
- **Keep a log of hours**



CLUB LIST:



Anime Club
 Asian Student Association
 Automotive Skills
 Bible Study Club
 Black Student Union
 Book Club
 Bowling Club
 Checkers and Dominos
 Class of 2022
 Chess Club
 Christian Student Association
 Computer Club

CRU
 Conservation Club
 Cosmetology Club
 DECA
 Dugout Diamonds
 Fashion Club
 FFA
 French Club
 Gaming Club
 GSA
 HOSA
 Junior Gals
 Key Club

Men of Honor
 Mental Health Alliance
 MOB
 Muslim Student Association
 Pep Squad
 Producer Club
 Science Olympiad
 Senior Women & Men
 Sideline Sweethearts
 Sky Dancers
 SPAA
 Spanish Club
 Spike Club
 Student Council
 TAFE

Vietnamese Student Association
 Young Writers Club
 National Honor Societies
 National Art Honor Society
 National Honor Society
 National French Honor Society
 National Latin Honor Society
 National Science Honor Society
 National Social Studies Honor Society
 National Spanish Honor Society
 National Technical Honor Society
 National Tri-M Music Honor Society
 National English Honor Society
 National Math Club Honor Society
 Quill and Scroll National Honor Society
 NHSSM





Benefits of qualifying for free/reduced lunch assistance include:

- College Testing Fee Waivers (SAT/ACT)
- College Application Fee Waivers
- Potential Scholarships for Dual Credit classes and AP exams
- Potential Scholarships for CTE certification testing
- Potential Scholarships for Summer School classes

Visit www.schoolcafe.com to apply.

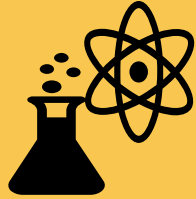
GRADUATION PLANS:

	Foundation	+ Endorsement
Discipline	Credits	Credits
PACE	½	
English	4	
Math	3	1
Science	3	1
Social Studies	3	
Languages other than English (Foreign Language)	2	
Fine Arts	1	
PE	1	
Health	½	
Electives/Endorsement Courses	4	2
Total Credits for Graduation	22	26

Must have
Algebra II
to earn the
Distinguished
Level of
Achievement

A student must earn Distinguished Level of Achievement to be eligible for the Top 10% Automatic Admission Program

ENDORSEMENTS:



STEM



**BUSINESS &
INDUSTRY**



**PUBLIC
SERVICES**



**ARTS &
HUMANITIES**



**MULTI-
DISCIPLINARY
STUDIES**

Distinguished Level of Achievement **MUST** include Algebra 2;
must be on this plan to receive Top 10% Automatic Admission

**MUST HAVE AT LEAST ONE ENDORSEMENT TO GRADUATE ON THE
FOUNDATION + ENDORSEMENT PLAN**

CHOOSING AN INSTITUTION OF HIGHER LEARNING:

Technical and Trade Schools	Community Colleges	Junior Colleges	4 Year Colleges & Universities
<ul style="list-style-type: none">• Certifications• Apprenticeships	<ul style="list-style-type: none">• Certifications• Associate Degrees• Transfer to 4 Year Universities• Commute to School	<ul style="list-style-type: none">• Associate Degrees• Collegiate Sports• Live on Campus• Transfer to 4 Year Universities	<ul style="list-style-type: none">• Bachelor Degrees• Live on Campus• Collegiate Sports
	Military	Workforce	

ARMED SERVICES VOCATIONAL APTITUDE BATTERY (ASVAB)

What is ASVAB:

- An aptitude test that identifies skill strengths. It includes an interest inventory that highlights work-related interest areas. The results can be used to guide career exploration.
- **FREE - There is no cost!**
- **November 2nd, 2022;** in the Cy Falls Auditorium; 3 hours
- Participation does not commit you to the military in any way.
- Helps you understand your unique skills and interests.
- Helps you identify potentially satisfying careers based on your skills and interest.
- Discover all the different ways to get to your dream job.
- The ASVAB CEP is a great opportunity for those who are not sure about what they want to do after they finish high school.



About the test:

Every examinee is given the same items. In order to measure ability accurately across all examinees, the P&P-ASVAB includes items that range from very easy to very hard.

The test is multiple choice and consists of eight subtests:

General Science
Mathematics Knowledge

Arithmetic Reasoning
Electronics Information

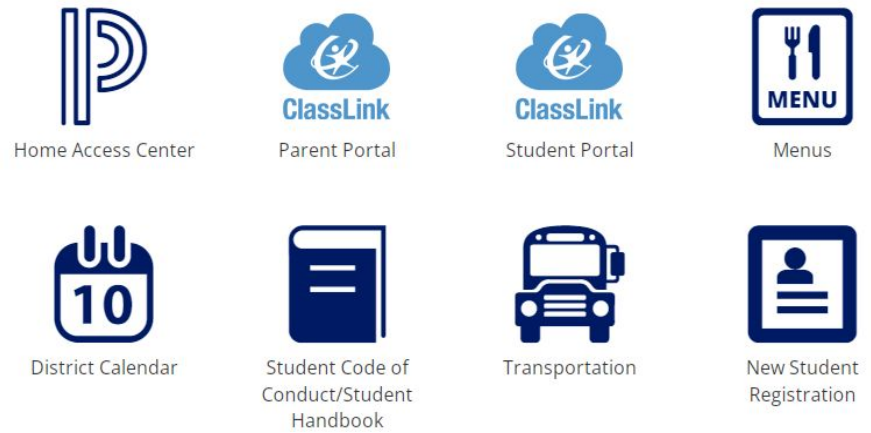
Word Knowledge
Auto and Shop Information

Paragraph Comprehension
Mechanical Comprehension

HOW TO CHECK YOUR GRADES:



1. Go to www.CFISD.net
Click on **Parents & Students**



2. Click on **Home Access Center**



3. Login to the **Student Portal**



- Check your grades **AT LEAST** once a week
- Follow up with teachers if you see something
- Attend tutorials **BEFORE** a test



CREDITS + EXCESSIVE ABSENCES:

- Excessive absences **WILL** cause a loss of earned credit, no matter what grade you received in the class
- EA's **MUST** be cleared with the Assistant Principals by the deadlines they set
- Loss of credit from EA's **WILL** cause you to potentially not graduate, if they are courses and/or credits that are required

CALCULATING YOUR GRADE POINT AVERAGE (GPA)

<u>On-Level</u>	<u>K, AP, DC, Horizons</u>
A(90-100) = 6	A(90-100) = 7
B (80-89) = 5	B (80-89) = 6
C (75-79)= 4	C (75-79) = 5
C- (70-74) = 3	C- (70-74)= 4
F (0-69) = 0	F (0-69) = 0

GPA is cumulative by semester

ADVANCED CLASSES:



Entrance into Advanced Classes

85 yearly average in same subject L level class

OR 75 during 2nd semester in same subject K level class



Removal from Advanced Classes

Students will be removed if they have an F in a K Level class for any grading period

Students will be removed if they have a C- in a K Level class at Semester

Students will remain in K/AP course for the entire semester unless they fail a grading period

ADVANCED CLASSES:

ADVANCED PLACEMENT

- Option to pay to take test for credit
 - Full year test in spring
 - Half year test in Dec.
- **Must score 3, 4, or 5 to be eligible for credit**

AP + DC

- Grade requirements
- Individual colleges determine credit

DUAL CREDIT

- To take, you must prove college ready by taking the PSAT, ACT/SAT, STAAR or TSI2
- Must complete LSC Application process
- Must pay each semester
- **Pass course for credit to be awarded**

SPRING DC COURSES:

- For Econ, Psyc, and TX Govt only
- **Must already have qualifying test scores**
- **REG DEADLINE: OCTOBER 21!!**
- Contact Ms. Taylor in the library or Ms. Kitterman in the counseling office.

CURRENT CLASS OF 2023 RANKS

Top 6%	# 1 - 37
Top 10%	# 1 - 62
1 st Quarter	# 1 - 155
2 nd Quarter	# 156-311
3 rd Quarter	# 312-467
4 th Quarter	# 468-623



STAAR EOC:



**Retesting
will take
place in
December!**

You must pass all five of these exams in order to receive your diploma and/or walk across the stage at graduation

PASS / FAIL:

- Earn up to 2 credits pass / fail
- Must exceed 22 credits (Foundation only) or 26 credits (Foundations + Endorsement)
- Benefits students who have a GPA of 6.0 or higher
- Available in fall (application deadline has ended)
- Available again in spring. (applications available in January)

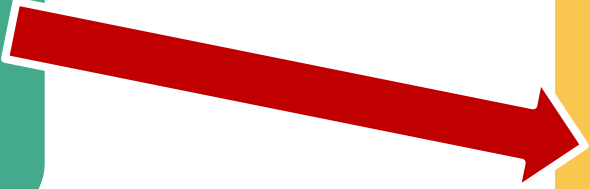
CAMPUS VISITS

4 DAYS TOTAL
2 Junior Year
2 Senior Year

Contact the college or trade school you plan on visiting to check their policy or pre-register if needed.

Must pick up form in Attendance Office **PRIOR** to the visit!

Get form signed by the college and turn it into the Attendance Office so the absence does not count towards exemptions.



COLLEGE READINESS

VS

COLLEGE ELIGIBLE

COLLEGE ELIGIBLE:

If a student scores below college level readiness, they will be required to take developmental courses which do not apply towards a degree or certificate.

Talk to the school you plan on attending for more details.

COLLEGE READINESS:

Student proves that they are ready to take college level courses.

This is done with their ACT, SAT, TSIA2 scores or Dual Credit Courses / AP Scores

CARE ACADEMY:

Cypress-Fairbanks Independent School District and Lone Star College have a unique partnership benefiting high school seniors called the CARE* Academy.

By earning a **80 or higher** in the second semester of these CARE Academy prep classes students may be eligible to enroll directly into credit-level English and/or Math courses at Lone Star College ((ENGL 1301, credit Math) **without qualifying TSI, SAT, or ACT test scores for placement.**

Texas Public Colleges/Universities

★ ApplyTexas has moved!

Click here to apply for **Summer 2022 and beyond.**



GoApplyTexas.org

College Applications

Used by nearly 900 member colleges and universities in all 50 states

THE COMMON APPLICATION

CommonApp.org

COALITION

Being used by more schools each year - especially Texas schools as an alternative to ApplyTexas

www.CoalitionForCollegeAccess.org

Institution-Specific Application

Some colleges have their own application accessed from their Admissions web page.



Elora Molloy

College Connections Advisor



LSC-CYFAIR



Elora Molloy began her journey at Lone Star College-CyFair in 2015 as a dual credit student and a volunteer Student Ambassador. During this time, she joined Phi Theta Kappa's Delta Lambda Mu chapter as an officer. She went on to earn her first Associate of Arts in 2017 and officially joined the LSC-CyFair team as a Peer Leader in Student Life. Her involvement on campus grew as she was appointed as the Executive Vice President for the Student Government Association. She then became the Specialist III in Dual Credit in March of 2020. Elora is a driven individual who strives to empower others to succeed.

Elora is currently enrolled at Sam Houston State University working towards a Bachelor of Arts in History with a minor in Communication. She holds an Associate of Arts and Associates in Teaching from LSC-CyFair.

Cypress Ranch

Tuesdays

Cypress Falls

Wednesdays

Cypress Park

Thursdays

Elora.Molloy@LoneStar.edu | 281.290.3539

REQUESTING TRANSCRIPTS:

Submit college or scholarship application **PRIOR** to ordering official transcripts to be sent.

Know your deadlines & plan ahead! Transcript processing takes 3 days.

Request transcripts on **SCHOOL CASH**.

No fee for Texas schools that participate in the electronic transfer of records program, **TREX**.

Fee schedule for all other schools/transcript requests:

Official Transcripts = \$2.00

Unofficial Transcripts = \$1.00

Mailing Address of College or University Required

IMPORTANT INFORMATION

GPA: 6.0 on a weighted scale

High School Code: 443346

Letters of Recommendation:

- Request in counseling office at least **3 weeks** in advanced

Address:

9811 Huffmeister Rd
Houston, TX 77095

Phone Number: 281-856-1000

Principal: Becky Denton

College and Career Website:

<http://bit.ly/cyfallsgcc>

SAT / ACT
WAIVERS:

See the secretaries
in the counseling
office

For
Students
who receive
Free /
Reduced
Lunch

COLLEGE APPLICATION FEE
WAIVERS:

SAT - Located in your College Board account

ACT / NACAC - See secretaries in the counseling office

NCAA Registration Fee Waivers:
See Kristi Kitterman in the counseling office.
Kristen.Kitterman@cfisd.net

Financial Aid - FAFSA:



- **NEW LAST YEAR:** Texas HS Graduation Requirement
- Must complete **EACH YEAR** to receive **ANY** financial aid from university (including federal student loans)
- **FAFSA Opening Date was October 1st**
- Money is awarded on first-come, first-served basis
- Required by most colleges and scholarships
- Texas Priority Deadline is Jan. 15th, but you really need to know & meet each college's financial aid deadline
- You can get started at: www.FAFSA.gov

10th Annual Senior Signing Celebration April 28, 2023

Cypress Falls wants to celebrate your success!



SAVE THE DATE



Cypress Falls Counseling Office cordially invites you to a Senior Signing Day Celebration.

- Parents, guardians, and family, **JOIN US!**
 - **FREE** t-shirts
 - **CULINARY** treats



Funding Your Future

Save the Date

Seniors and their parents



SENIORS BRING YOUR
LAPTOP

Financial Aid Night
November 9, 2022
5:30 pm -7:30 pm
Berry Center



SENIORS BRING YOUR
LAPTOP

GUEST COLLABORATOR- BLINN COLLEGE, BRENHAM
Scholarship Information Available
Hands-on assistance with completing the FAFSA or TASFA



SAVE THE DATE!!!



Tuesday, May 23rd
4:00 PM
Berry Center

- Honor Graduate Designation
by GPA:
- 6.5+ - Summa Cum Laude
 - 6.25-6.49 - Magna Cum Laude
 - 6.0-6.24 - Cum Laude

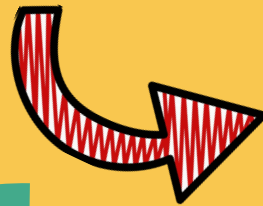
PROM!!!

May 5, 2023



WE ARE ONE!

**Tell us about yourself!
*required**



**LaKeisha Frank
Shonda Taylor
Araceli Salinas
Kristi Macat
Kristi Kitterman
Kaitlyn Padgett
Nicole Rao Flores**

**A-Cal
Cam-Far
Fer-Herr
Hers-Mel
McK-Pom
Pon-Sol
Som-Z**